



SACRED HEART

Sixth Form PSHCE Overview

Year 12	Year 13
<p>Healthy lifestyles and Wellbeing</p> <ul style="list-style-type: none"> • Sixth Form Life • Promoting Emotional Wellbeing • Healthy Diet • Vaccines and recognising illnesses 	<p>Employment and Responsibilities</p> <ul style="list-style-type: none"> • Sixth Formers and Employment rules • Protected Characteristics • British Values • Building professional relationships • Bullying and harassment in the workplace
<p>Risk, Personal Safety and Drugs</p> <ul style="list-style-type: none"> • Malicious Communication and Indecent Images • Driving Safety • Knife Crime • County Lines • Alcohol and Drugs • Violence against Women 	<p>Finances and your Future</p> <ul style="list-style-type: none"> • What to expect from Pay day • Being financially savvy • Understanding rental contracts/mortgages • Why do people buy on credit? • University budgeting
<p>Relationships, Value and Consent</p> <ul style="list-style-type: none"> • Consent awareness • Sexual Health • Women's Health • Fertility 	<p>Forming respectful relationships</p> <ul style="list-style-type: none"> • Power difference in relationships • Avoiding toxic friendships
<p>Bullying, Abuse and Discrimination</p> <ul style="list-style-type: none"> • British Values • Prejudice and discrimination • Protected Characteristics • Diversity Role Models 	<p>Personal Safety</p> <ul style="list-style-type: none"> • Reporting harassment • Decisions, alcohol and driving • University safety and traveling abroad • Leaving education • Navigating the real world after Sixth Form